



Oriental Psychology



ORIENTAL PSYCHOLOGY equips you with a unique understanding of the relationship between the **mind** and **body**. It outlines the amazing links between **philosophy, medicine, psychology** and **spirituality**. The focus of this course is to be able to assist others in the recovery of **wholeness**.

Disease is always emotional in nature and requires a special understanding to clear blockages that have accumulated over time. These blockages prevent both forward movement and the possibility of change. Change can be achieved using the advanced and specialised therapeutic and diagnostic skills studied in this course.

The importance of understanding and managing our mind and our emotions is vital to our health.

“Recent studies (examined) the role of lifestyle/environment on genetic expression. Diabetes, heart disease, even lung function are impacted by external factors like nutrition, exercise, and pollution exposure. But mental health is part of the epigenetic picture as well: chronic stress and even early emotional experiences, it turns out, may be significant enough to alter our genes’ expression.” - Mark Sisson

Study Options

Face to Face - Start February 2009

Distance Learning – Start anytime you like

Who recognizes my qualification?

OHPAA – Oriental Health Practitioner Association of Australia Inc.

Career Opportunities

Oriental life coach, motivational coach, business consultant, executive coach, private practice, allied health environments, integrated health clinics, community health services, private business, add to your existing practice, personal development

What course upgrades are available?

Diploma in Oriental Healing Arts

Certificate in Oriental Nutritional Medicine

Did you know?

① Epigenetics is the new science of how environment and perception influence genes. It will change the way we view the importance of lifestyle and relationship.

① The conservative US Government public health agency CDC, (Centre for Disease Control), states that 85% of all diseases have emotional elements.

“I have discovered so much about myself through this course. It has added a new dimension to my life. I have also been able to integrate it into my practice so that I can assist others even more. It is truly holistic.”
KN – Practitioner

Art of Health Education specializes in sharing the secrets of the Oriental healing arts, the ancient paradigm that introduced the concept of holistic healing to the world.

The Oriental Healing Arts have evolved over a period of 5000 years to produce one of the most effective scientific yet deeply spiritual frameworks available in the world today.



art of health education

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